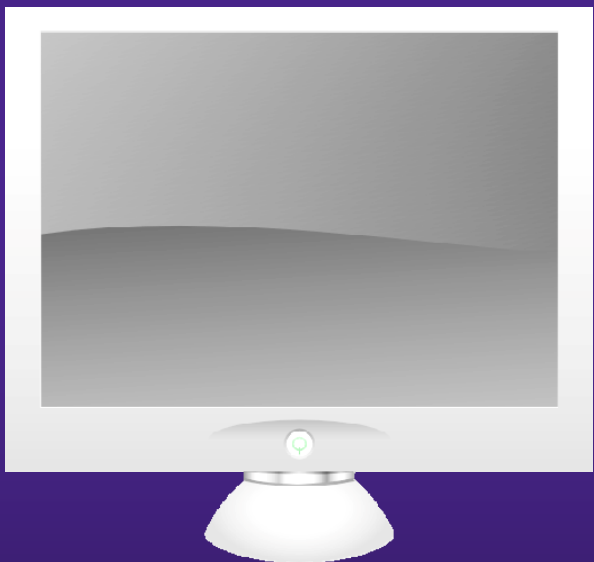


# MONITOR YOUR MONITOR



For more ways to conserve at  
the office or home, log on to  
[www.guamenergy.com](http://www.guamenergy.com)

## Efficient Office Technology

- Turn monitors off at the end of the work day.
- Screen-savers do not save energy. Set your computer to go from screen saver—to sleep mode.
- Activate all power management features on computers and monitors.
- Check with your IT department about shutting down computers overnight.



**ENERGY STAR** qualified computer use 70% less energy than computers without enabled power management features, and **ENERGY STAR** printers and monitors use up to 60% less energy than other models. New chip technologies make power management features more reliable, dependable, and user-friendly.